

48 Hours for Ian

Proceeds going to the
Canadian Electric Wheelchair Hockey Association



On April 21, 2006, **Ian Langford** passed away at home, surrounded by his loving family at the age of 23. Muscular Dystrophy claimed his body; however, Ian lived his life fully, passionately, and without regrets. Ian, like over 100 Electric Wheelchair athletes in the GTA, was a player in the CEWHA and a champion in the truest sense of the word.

Dean Hachey, 40 of Claremont, Ontario has been a volunteer with the CEWHA for the past 15 years of the 26 year old league. In April of this year, Dean was elected the new President of the CEWHA Toronto Division by its board of governors, and is responsible for running the Division.

Dean coached Ian in his rookie season to a league championship 10 years ago when Ian was just 13 years old. In 2003, Ian was a member of the Toronto team selected to compete in the National Tournament (picture above) being hosted by the Victoria, BC division. Once again Dean was fortunate enough to coach Ian and his teammates to a championship.

"Ian's death has had a profound impact on all of us in the league, only surpassed by the impact he's had on us during his life. I'm blessed to have known him and continue to be inspired by his memory and enduring spirit." – Dean Hachey

As a tribute to Ian, and the players, past and present in the CEWHA, Dean is embarking on a marathon mountain bike ride in an effort to raise awareness and critically needed funding for the league. Dean will be attempting to mountain bike for **48 hours** straight starting a 6pm on Friday, July 21st in the Durham Forest. A 10km loop will be set up and Dean has set a target of completing 60 loops (600 km's) during his epic ride.

"Our players live their daily lives enduring challenges that we (able bodies) cannot even imagine. The CEWHA provides disabled individuals who depend on an electric wheelchair, the opportunity to do what millions of Canadian's take for granted...compete in a team sport, and play hockey." – Dean Hachey

Dean is an avid sportsman, who's completed marathons, 24 hour team mountain bike races, and even an attempt to row across Canada in order to raise funding and awareness for the CEWHA. The prospect of riding for 48 hours straight is a daunting task.

"I'm not sure what to expect other than a great deal of pain and many moments of doubt. Unlike the players in our league, who deal with pain and countless challenges in their daily lives, I have

my health, along with the encouragement of my family and friends in the CEWHA to inspire me."
– Dean Hachey

Please help Dean help the CEWHA.

There are many ways you can show your support.

1) Come out and complete a loop in Durham Forest any time during the 24 hours. Dean will enjoy the company and your encouragement. A \$20 donation per rider will be collected by players from the CEWHA in the Durham Forest Head of Trails parking lot (see map attached). Bring out the whole family. Refreshments will be available.

Directions to Durham Forest Head of Trails from Highway #401

Take Highway #401 to Brock Road in Pickering, Ontario

Travel north on Brock Rd for approximately 20km's (15-20 minutes) to Goodwood Road in the village of Coppins Corners. This is about 10km's north of Highway #7.

Turn right (east) on Goodwood Road and travel approximately 5km's (3-5 minutes) to the 7th Concession. You will see a sign for Durham Forest at this intersection.

Turn right (south) on 7th Concession and follow it until you see the entrance for the Durham Forest parking lot on the left (about 400 meters).

2) Sponsor Dean's ride in one of 2 ways, per km, or a flat amount. If you sponsor a penny per km, and Dean completes 600 km's, your contribution would be \$6 (ten cent's per km = \$60 etc).

You can make a pledge in several ways:

a) Respond to this email indicating your pledge amount per kilometer or flat amount.

b) Go to our website at: www.cewha.ca and click on the Toronto Division link. An online pledge form is on our home page.

c) Call Dana Aube in our league office at (416) 757-8544

Please mail cheques, payable to the CEWHA to:

235 Yorkland Blvd, Suite 904
North York, ON
M2J 4Y8

3) Corporate Sponsorship. Please contact Dean directly if your company is interested in supporting this event in any way and/or if you'd like to explore the opportunity to become a partner with the CEWHA)

Tax receipts will be issued for any contributions of \$15 and above.

4) Last, but certainly not least, if you, a family member, friend or acquaintance would benefit from playing, volunteering, or becoming a fan of our unique brand of hockey, please call Dana Aube at (416) 757-8544 or email her at daube@whitecapcanada.com.

Thank you in advance for you support.

Dean Hachey
President & Volunteer
Canadian Electric Wheelchair Hockey Association
Phone: (416) 757-8544
Email: CPOC1@rogers.com